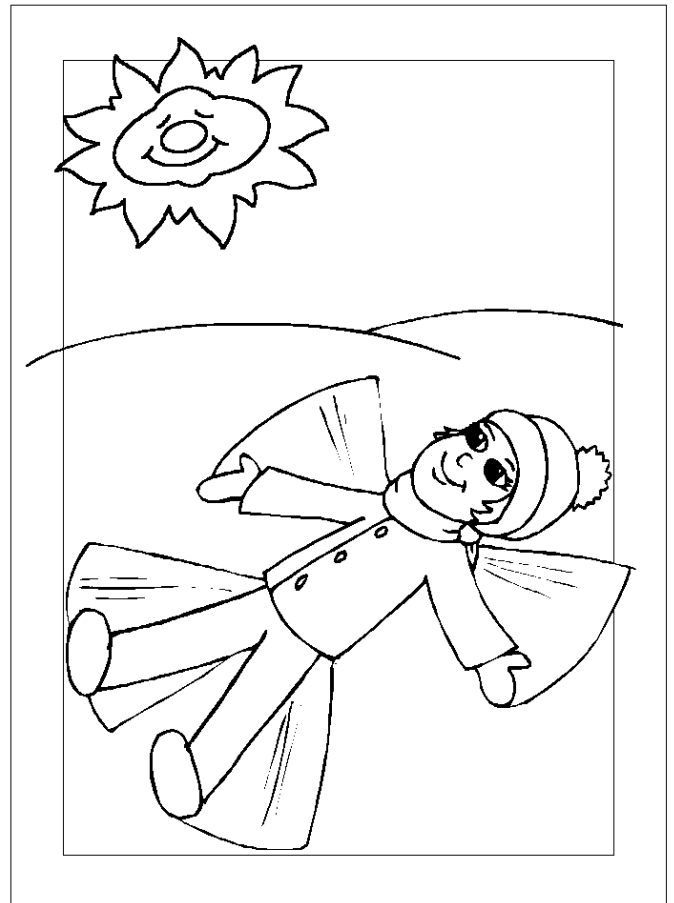
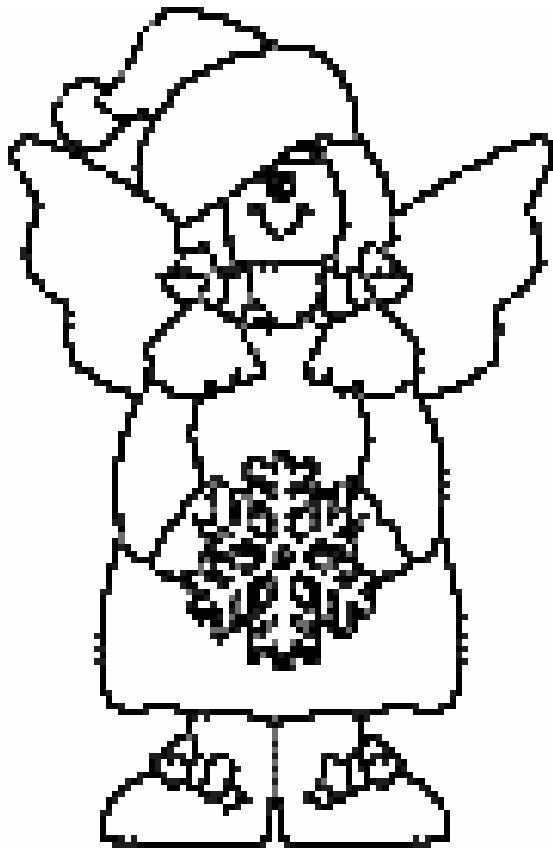


MARSHFIELD RECREATION WINTER / SPRING 2014 COMMUNITY BROCHURE

1



Check back often for NEW program offerings!



Enter our community Coloring
Contest!

Check page 3 For contest

Name: _____

Age and Grade: _____

Phone Number: _____

Parent's Name: _____

MARSHFIELD RECREATION DEPARTMENT

at

Coast Guard Hill

900 Ferry Street, Marshfield, MA 02050

781-834-5543

www.townofmarshfield.org/government-departments-recreation.htm

WINTER / SPRING 2014 COMMUNITY BROCHURE

Check back often
for NEW program
offerings!



Congratulations to
Meghan Murphy.
Meghan won the
coloring contest!

OFFICE HOURS:

Monday, Wednesday, Thursday and Friday 8:30 a.m. - 2:30 p.m., or by appointment.

On-Line Registration available!

Online - By Mail - In Person
Registration form enclosed

Recreation Staff:

Ned Bangs, M.Ed., CPRP, Director
Recreation @townofmarshfield.org

Sharon Robbins, Administrative Assistant
Recreation@townofmarshfield.org

New programs to enjoy!

Have an idea for a program, a talent or skill to share? Call the office! We continue to build new partnerships through programs, special events and fundraisers. Ask us how!

Recreation Commission:

Dan Pitts, Chair
Jan Dobsovits, Vice Chair
Chris Ciocca
Dan Donovan
Matt Pomella
Jeanine Hall
Katie Holt
Brian Spano



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WINTER COLORING CONTEST

Color the front page of this brochure and mail or drop it off to the Recreation Department by Monday, February 3rd for a chance to win our Winter Coloring contest. Please make sure you fill out the bottom portion of the page. All entries will be displayed February School Vacation in the windows at the Recreation Child Care Center, 14 Library Plaza. (names and phone numbers will be covered) Winners will be listed in an updated Winter / Spring Brochure, and receive a recreation T shirt and hot chocolate mug. Age groups: 5 and under, 6&7 year olds, and 8-10 year olds. Please note: Limited to Marshfield children only.

Many times families call & ask if there is anything that they can donate to our department. We can always use help with craft supplies, chalk, markers, pencils, colored pencils, three hole punch, electric pencil sharpener, glue, buttons, google eyes, colored paper, drawing paper, Lego's and cooking aprons. We are looking for two ping pong tables for our ping pong classes.

The spring is a good time to check your cellar, attic, and or garage for those items which are no longer used, and are looking for a new home. Give us a call if we can help you out!

From the Director:

As a community recreation department, we rely on the community for assistance, whether it is a business that agrees to sponsor an event, a musical group performing for a reduced rate, or an individual agreeing to volunteer his/her time to lead/teach/instruct a specific program. As a 1.5 person department, volunteers play a huge role. Whether it is assisting to chaperone the weekly ski program, cleaning up our outdoor facilities such as the Uncle Bud Skate Park, Coast Guard Hill, or helping to keep our building clean, we appreciate your time and dedication. Many volunteers assist by serving on various committees, and boards, such as the Marshfield Recreation Commission or help with one of our many special events.

We thank the many staff who lead/teach/instruct our many programs throughout town, during the day, at night, on weekends and vacation weeks. We count on your dedication and positive attitude. We also thank the many children, youth, teens and adults who choose to participate in our many programs. Whether it is Disney On Ice, the Boston Pops at Symphony Hall, summer playground, tennis, pre-school enrichment programs or After School Sports, our participants keep us busy and on track. We appreciate your feedback. If we are doing something well it is nice to know that — if we are not, it is very important that we know so we may make changes to improve our offerings. We appreciate and count on your program suggestions. We are your community department and we will respond to new community program / activity suggestions where possible. Many of our programs and outings are the direct result of community input. Suggest an activity or better yet offer to teach a new program or class! Our programs continue to grow in both the number of classes that are offered as well as the diversity of the classes which we provide. This winter/spring we will offer several NEW programs as we respond to increased interest from our residents. By working together, we can continue to affect positive changes for our community.

Our office is staffed Monday, Wednesday, Thursday, and Friday, 8:30 a.m. - 2:30 p.m. Often times you will find staff working in the office after hours and on weekends. If you stop by and staff are not available you may drop off your registration form or payment in the mail slot adjacent to the front door. If you arrive after office hours and the door is open, come on in. Seasonal brochures are available on our web site and they are updated as program date (s)/ costs are finalized. You can scan for the programs of choice, print out the registration form and mail it in or drop it off at the office. When the form is processed a program receipt is emailed to you. For your convenience, our department currently offers On-Line program registration. Create your family account and include all family members. Credit/ Debit Cards (Master Card, Visa and Discover Card) as well as electronic checks are accepted. Please note: the bank charges a 3% convenience fee for credit and debit card transactions and a .25 fee for electronic checks.

Our online registration home page has been overhauled. We hope you like the changes, including the photos, and community sponsors. We hope that you find it easy to navigate. We are working to improve our Facility Scheduling program. The improved program will allow us to track all ballfield reservations and community events. We will now be able to create a Community Calendar for all to see and use. Recreation Staff will post as many community events as possible on this new Community Calendar, we hope you find it helpful.

Marshfield has a leash law and for the safety of all we remind individuals to follow the law when visiting Coast Guard Hill. "No dog shall be allowed in any public place or any lands, beaches or way within the town unless it is effectively restrained by a chain or leash and under the direct control of its owner or handler," adopted by Article 37, 1990 ATM. Please be a good neighbor and clean up after your dog.

In anticipation of the sledding season, our volunteers have installed and staked bales of hay in front of the trees and community garden. Please allow the bales of hay to do their job and do not move them. The hay will help protect sledders this winter. Enjoy the winter and please help to keep the Coast Guard Hill beautiful by picking up when you leave.

The grounds at the Recreation Center are open to the public from dawn to dusk, unless there is a scheduled recreation program. Surveillance cameras patrol the property 24/7

Have a great winter, enjoy our many new programs and remember, "Don't Hesitate, Recreate!"

Sincerely,

Ned Bangs, C.P.R.P.
Recreation Director

MARSHFIELD RECREATION DEPARTMENT

WHO WE ARE AND WHAT WE DO

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The Marshfield Recreation Department was established by Town Meeting in 1958 with the purpose of conducting and promoting recreation, play, sport and physical education. The Recreation Department plans, organizes, promotes, and provides worthwhile leisure programs and facilities to serve the physical, emotional, and social needs of the residents of our community, regardless of one's ability.

The Recreation Commission is comprised of Marshfield residents, seven full members and two alternates, who are appointed by the Marshfield Board of Selectmen. The Commission is a policy and active board responsible to the town for providing year-round, high-quality indoor and outdoor recreation activities for town residents. The Commission meets regularly to review policy, programs and procedures. Community attendance and input regarding programs and facilities is welcome! The Recreation Commission welcomes volunteers who are interested in promoting the planning of programs for all Marshfield residents. Call us at (781) 834-5543 to see how you can help!

DEPARTMENT OBJECTIVES

Coordinate recreational activity with the school department, youth groups, youth sports programs, and senior citizens groups.

Involve as sponsors of recreation special interest groups, business organizations, neighborhood groups, professional groups and news media who are interested in helping improve Marshfield.

Better utilize and upgrade parks, ball fields, and conservation land.

Better utilize, protect, preserve, and beautify Marshfield's beaches.

Establish new programs as self-supporting and explore ways of generating additional revenue through grants, donations and fundraising.

RECREATION STAFF

Recreation activities are coordinated through our office staff, which is comprised of one full-time director and one part-time administrative assistant.

The Recreation Department strives to hire the best-qualified individuals possible to staff and instruct our many programs. The Town of Marshfield performs background record checks on paid staff and program volunteers. Our department presently uses job applications, personal interviews and reference checks as part of our screening process. The C.O.R.I. will further assist us in screening prospective employees.

In all instances we will do everything possible to provide a positive learning experience and offer a safe, secure environment for your child. The Recreation Department strives to offer community programs which are within budget limitations. All Recreation Department programs are self-supporting. The fees charged for programs cover the cost of operation of the program, such as instructor salaries and materials.

Program instructors and part-time employees are hired on a seasonal basis. If you are interested in offering a program, please contact our office.

Registration Procedure:

You may use the enclosed form for all family members. All fees are payable at the time of registration. Go Green, save time and register on-line. Late registrations pay full fee, no pro-rating.

A person is considered registered when payment: including credit or debit card, (Discover, Master Card or Visa) check (payable to Town of Marshfield) or cash, accompanied by a completed registration form is received by the Recreation Department.

Non-Resident Registration:

Recreation programs will be open to non-residents on a space available basis. Registrations will be accepted starting Wednesday, January 22rd, at 8:30 a.m.

Program Information

Outdoor programs will not be held during periods of inclement weather. Program updates will be e-mailed to you directly. A notice will also be placed on our voice mail. **If school is cancelled or let our early, our programs will be cancelled.**

If you have a question call the Recreation Department. All attempts will be made to reschedule classes that have been cancelled. When schools are cancelled we cancel all recreation programs as well. We are not responsible for making up classes missed due to participants' inability to attend.

Photo Policy

Unless otherwise notified, the Recreation Department reserves the right to photograph program participants for publicity purposes for flyers, brochures and our web page.

Wait List

Waiting Lists will be available **On-Line**. No Payment / No charge to add yourself to the Wait List. **By Mail** - when a program is full you will be notified via e-mail and placed on a wait list. Your payment will be credited to your account. Call if you wish a refund. Refunds take 3 – 4 weeks to process. If openings become available, we go to the wait list to fill the class.

Refund Guidelines

Our programs are supported by participant fees. If you cancel from a program you must do so at least 5 business days before a program begins for a refund, minus the \$10.00 administrative fee.

Refunds will not be granted after the start of the second class except for medical reasons and with a doctor's note. Requests for refunds must be in writing. (e-mail notification is accepted) Refunds may take 3 – 4 weeks for processing. Canceled classes due to low enrollment will be fully refunded.

If you cancel from a program for which the Recreation Department has incurred expenses on your behalf, any refund will be reduced by the amount of the expenses incurred.

There are no refunds on trips unless a replacement can be found.

E-Mail

Please keep your E-Mail address updated as most of our communications for program cancellations, changes, etc are done via e-mail.

On-Line Program Registration

We encourage on-line registration. Shop for all your leisure needs 24/7 from home!

Easy Registration Process

1. If Mail or Walk In, use one form per family (photocopy extra forms if needed)
2. Include one check, payable to Town of Marshfield, to cover all program costs.
3. Fill out registration form completely and accurately so that all your information will be recorded correctly. Read all registration guidelines and course information.
4. Insert completed registration form and check into an envelope and mail to:
Marshfield Recreation Department
900 Ferry Street
Marshfield, MA, 02050
5. Please provide a current e-mail address for confirmations/receipts.
6. Program registration, Mail, and Walk In will begin, Saturday January 11, 1:00 p.m. - 3:00 p.m. at the Recreation Center, 900 Ferry Street. Online starts January 11, at 5:00 p.m.

“Helping Hand” Scholarship Fund

Fee-based programs can create a financial hardship for some families. We believe that public recreation is important and serves to improve the quality of life for individuals and the community alike. If you would like to contribute to the “Helping Hand” fund, please refer to the program registration form in this brochure.

Financial Assistance

Marshfield residents unable to participate in programs due to financial reasons may qualify for financial assistance, consideration upon written request. Scholarships and payment plans are available on a case-by-case basis. Contact the Recreation Department immediately to request financial assistance. Register in person or by mail. The on-line option is not available at this time.

Code of Conduct

Proper behavior by all program participants is expected at all times. Participants shall show respect to peers and staff, refrain from foul language, and be respectful of equipment, supplies, and facilities. The Recreation Department reserves the right to terminate any individual who cannot exhibit proper behavior.

REGISTRATION INFORMATION

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On-Line - By Mail - In Person

People often ask “What is the best way to register to guarantee getting into a program” There is no way to “guarantee” you get in a certain program. Remember, the program (s) that you are interested in will be of interest to many others. Choose the method most comfortable to you, and if a spot is not available please place your name on the wait list. In the event there are any changes we will contact you. No payment is collected if you are placed on a wait list. We suggest that you register for the program (s) you want as soon as possible.

On-line Registration 24/7 is the PREFERRED METHOD and STRONGLY RECOMMENDED. Register from the comfort of your home, or a friends, or during a break at work. When you register on-line you will receive a receipt of your transaction. We also accept Mail In and Walk In registrations. Registration may be limited due to subject matter, space limitations and leadership ratio. ***We currently accept Visa, Master Card and Discover Card (debit or credit), Electronic check is available. Please Note:*** The bank charges a **Convenience Fee** of 3% for debit and credit card transactions. A **Convenience Fee** of .25 cents is charged for electronic checks.

SCHOLARSHIP REQUESTS may **only** register by mail or in person at this time!

Okay, so how does On-Line Registration Work? How do I sign up?

www.townofmarshfield.org/, then select On-Line Services, then Sign up for Recreation Programs

If you registered with us during the summer or fall and we have your email address in the system, you already have an account. Enter the e-mail you have on your account and click “I forgot or don’t know my password”. A temporary password will be emailed to that address. Once you are logged in, click “Account” at the top of the page to review and edit all your account information.

If you are new, you will need to “Create a New Account” Click “login” from the upper right top corner of the page. On the next page click “I would like to create a new account” Enter all the data for Parent/ Guardian 1, Click “Save and Continue” when completed. Click “Add New Member” and enter the data for Parent /Guardian 2. Click and save and then enter the next person in the family. Continue until you have entered each family member. Once you have all family members entered you will then be able to register for programs. Your account will allow you to view your account information which will show contact information, balance, and credits. You will be able to add new members, edit your contact information, view the activities you are registered for or use credit vouchers on your account to pay.

AGE OF PARTICIPANTS - Participants must be the noted age by the first day of the session in which they are enrolled. **Birth certificates or physicals** are required for ALL children age 5 and under. Bring a copy to the Recreation Office to have it recorded. This is a one-time only requirement. Registrations are not complete without birth certificate or physical. *If born in Marshfield, parents/guardians can obtain copies at the Marshfield Town Clerk’s Office.*

Sledding

If there is snow Coast Guard Hill is open from dawn to dusk for sledding. The bales of hay are for your safety, please do not move them. Please use the parking lot adjacent to the office or the dirt lot off Ferry Street. For safety reasons cars and trucks are not allowed to drive on the hill. Help keep Coast Guard Hill beautiful for all to enjoy. Call the police if you see unauthorized vehicles on the hill. Please help by taking your rubbish and broken sleds and tubes with you when you leave. Outdoor surveillance cameras patrol the property 24/7.

Marshfield has a leash law and for the safety of all we remind individuals to follow the law when visiting Coast Guard Hill. “No dog shall be allowed in any public place or any lands, beaches or way within the town unless it is effectively restrained by a chain or leash and under the direct control of its owner or handler,” adopted by Article 37, 1990 ATM. Please be a good neighbor and clean up after your dog. CGH is open from Dawn to Dusk for your enjoyment.

SOMETHING FOR EVERYONE!

The Marshfield Recreation Department offers programs, trips and special events year round. Our ⁸ Community Brochure is published seasonally and provides information on our Fall, Winter/Spring and Summer programs (September, January, April). Save time and Go Green by registering for programs on-line! A limited number of brochures will be available at the Town Hall, Chamber of Commerce, Ventress Memorial Library, Elementary Schools, Denny's Barber Shop, Molisse Realty Group and Seaside Homes of Marshfield. To locate the brochure on our website, google Marshfield Recreation. Additional program information is published in the Patriot Ledger, Marshfield Mariner, The Marshfield News.com and the Community Cable Channel.

Volunteers/Interns

Volunteers assist in the office and may help with phone calls, program inquiries, marketing, fundraising and the business aspects of the department. Our site at Coast Guard Hill has many outdoor opportunities for volunteers, including gardening, masonry, landscaping, grass trimming, etc. Consider sharing your time, skills and knowledge with your local recreation department. A few hours a week can make a difference! Students seeking community service hours or community groups/organizations or individuals are encouraged to discuss how they may improve community programs/facilities through partnerships.

One person can make a difference — you can make a difference!!

Don't Let A Good Program Die!!

Nothing kills a good program better than putting off registration until the last minute. All Recreation Department programs require a minimum number of participants to run successfully. Our programs require a high level of coordination including facility scheduling, staffing, and volunteer recruitment. Undersubscribed programs will be cancelled, but you will receive a full refund. Don't procrastinate — participate!

Gift Certificates Available!

Can't think of what to get that person who has it all? Give the gift of recreation! Our staff will design a fine Recreation Department gift certificate for your birthday, holiday celebration, or other occasion. Call us at (781) 834-5543 and we will design a certificate to meet your needs.

E-mail List!

Join our e-mail list and receive up-to-date information on programs, registrations, jobs and other important news. Opt - In when you sign up for a recreation program. It is easy to subscribe and best of all it is FREE!

Find A Mistake!

Some people love to find errors, so we included a few in this brochure! A Recreation Department sweatshirt and hot chocolate mug will be awarded to the first caller to correctly notify us of an error. Limited to one (1) offer per brochure. The winner's name will be posted on an updated edition of our Winter/Spring Brochure.

After Hours?

Stop by our office on your way to work, on your way home from work, or on a weekend. You can drop off your program payments and /or registration fee or other paperwork in the drop box 24/7, located adjacent to the front door!

Returned Checks

Please note: There is a charge of \$25.00 for any returned check.

TRIPS / OUTINGS

DISNEY ON ICE

WHO: All (students welcome with an adult)

WHEN: Thursday, February 20, 2014

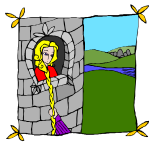
WHERE: The Boston Garden
Min. 30 - Max. 40

FEE: \$34.00 p.p.

On Reg. Form: List Disney on Ice

It's one colossal party on ice, with all your favorite Disney friends! Enjoy a winter wonderland with Mickey Mouse and Minnie Mouse, a Halloween haunt with the Disney Villains, a Very Merry Unbirthday Party, a Royal Ball with Disney Princesses and more in a magical medley of holidays, celebrations and festivals from around the globe.

The bus will leave from the Recreation Child Care Center, 14 Library Plaza at 9:00 a.m. and return by 2:30 p.m. The cost includes transportation and Club seating!



BAHAMAS

9

WHO: Adults (age 21 and older)

WHEN: March 2014 **WHERE:** Exuma Cays

FEE: \$1,000.00 p.p. **On Reg. Form List:** dates and trip

"Cays to Adventure" March 24 - 29

This trip will be designed to meet the diverse needs and interests to those participants that are looking for additional time traveling between destinations. Although the final route will be determined by weather and conditions, we will offer opportunities to day paddle after establishing camp. Working on paddling, navigation, decision making skills will also be offered.

Participants will need to fly into Georgetown, Great Exuma by March 23. We will have a group meeting the evening of the 23rd and head for the field early morning on the 24th. We will return from the field on March 29th. Folks will need to arrange a room for the night of the 29th.



THE BOSTON POPS

"The very best of the Boston Pops"

WHO: All (students welcome with an adult)

WHEN: Tuesday, May 27, 2014

WHERE: Symphony Hall, Boston

FEE: \$65.00 p.p. **On Reg. Form:** Boston Pops

One of Arthur Fiedler's many innovations was his strong emphasis on music of American composers such as Bernstein, Copland and Ellington. Rounding out the program will be Familiar movie tunes by John Williams. The May 27 performance will feature the Arthur Fiedler Concert, a heartfelt tribute to the legendary conductor whose name was the Boston Pops for nearly 50 years

This annual outing is sure to be a quick sell out and not to be missed. Reserve your tickets now. The bus will leave from the Recreation Child Care Center at 6:00 p.m. and return by 11:00 p.m.



BOSTON RED SOX

WHO: All (students welcome with an adult)

WHEN: Saturday, June 28, 2014

WHERE: Yankee Stadium

FEE: \$139.00 p.p.

On Reg. Form List: date and trip



Enjoy this opportunity to watch the World Champion Boston Red Sox take on the New York Yankees at beautiful Yankee Stadium. We will have reserved seating as we watch Big Papi and friends strive for another world championship. If you missed the trip last fall, you will not want to miss this one. We will leave late morning and arrive in time to enjoy Monument Park and pre-game warm ups.

We'll sit back and watch the game from our reserved seats as the Yankees and Red Sox take the field at 7:05 p.m. After a well deserved victory we will hop on the bus for the ride home.

Celebration Tours

Trip Policy: Participants are asked to meet at the Recreation Dept. Child Care Center, 14 Library Plaza 15 minutes prior to scheduled departure time. Once the bus arrives, we will take attendance, review the trip, wait 5 minutes and then leave. Tickets are not refundable unless we are able to find some one to take your place. There are no refunds if you miss the bus. Students are welcome with an adult.

TRIPS / OUTINGS

COOPERSTOWN NY

Hall of Fame Introduction of Tom Glavine, Billerica, MA.

WHO: All (students welcome with an adult)

WHEN: July 25 - 27, 2014

WHERE: Baseball Hall of Fame, Cooperstown NY

On Reg. Form List: program and dates

Round trip via deluxe motor coach, 2 nights accommodation at the Best Western Sovereign or similar ,Albany, NY, full American breakfast at the hotel, Admission to BHOF and more! 1995 World Series MVP, four world series appearances, number 47 retired by Atlanta Braves in 2010.

Twin	\$299.00 p.p.
Triple	\$289.00 p.p.
Quad	\$279.00 p.p.
Child (under 12) in room w/ 2 full pay adults	\$199.00 p.p.

Celebration Tours

NANTUCKET ISLAND

10

WHO: All (students welcome with an adult)

WHEN: Saturday, July 12, 2014

WHERE: Nantucket Island

FEE: \$79.00 p.p.

On Reg. Form List: date and trip

Nantucket is one of the premier vacation and fun spots in North America. Our luxury Silver Fox Coach will transport us from Marshfield at 7:30 a.m. to Hyannis where we will board Hy-Line's Exclusive First Class Cabin, where we'll enjoy complimentary Danish and coffee on a private deck. On island we'll have time to explore the shops, art galleries, great restaurants, whaling museums and sandy beaches. We will depart at 4:00 p.m., First Class, as we cruise back to the mainland. At 6:00 p.m. we will board the coach for the return trip to Marshfield. If you enjoyed Martha's Vineyard last fall, you will love Nantucket. A sure sell out!

Fox Tours

LONG ISLAND DAY TRIP

WHO: All (students welcome with an adult)

WHEN: Saturday, September 27, 2014

WHERE: Long Island NY (farm and wine country)

FEE: \$129.00 p.p.

On Reg. Form List: date and trip

Long Island is home to over 40 vineyards and farms. We'll enjoy wine tours, tastings and the beautiful northern shores of the island. This day trip will include: Round trip deluxe motorcoach, Round trip ferry, (with bus) New London CT / Orient Point Long Island, sight seeing tour of the area, lunch (included at a local restaurant) Winery visit with tasting! and more.

The east coast produces some very fine wines. Enjoy this opportunity to sight see and expand your knowledge. We will leave early morning and late evening. Exact times available in September.

Celebration Tours

NEW HAMPSHIRE TURKEY TRAIN

WHO: All (students welcome with an adult)

WHEN: Sunday, October 12, 2014

WHERE: NEW HAMPSHIRE

FEE: \$72.00 p.p.

On Reg. Form List: dates and trip

Features luxury Silver For Motor Coach, scenic railroad viewing along Lake Winnepesaukee and dining with a full course lunch including: Hart's Turkey Farm Roast Turkey with whipped potatoes, butternut squash, beverage and an ice cream sundae. Upon return to the train station we will board the motor coach for local sightseeing and foliage viewing. We will have time to stop at the Moulton Farms Market where we can browse and purchase home baked goods or fresh fruit.

Depart from the Recreation Child Care Center, 14 Library Plaza 8:30 a.m. and return approx. 5:30 p.m.

Please note any health restrictions.



Trip Policy: Participants are asked to meet at the Recreation Dept. Child Care Center, 14 Library Plaza 15 minutes prior to scheduled departure time. Once the bus arrives, we will take attendance, review the trip, wait 5 minutes and then leave. Tickets are not refundable unless we are able to find some one to take your place. There are no refunds if you miss the bus. Students are welcome with an adult.

PRE-SCHOOL FUN

11

BASKETBALL BUDDIES

WHO: Co-ed, age 4-7

WHEN: Tuesdays, 4:00 p.m. - 4:45 p.m.
Session 1 January 14 - February 11 (5 weeks)
Session 2 February 25 - March 25 (5 weeks)

WHERE: Governor Winslow School gym
Please enter through the back gym door.

FEE: \$60.00 p.p. Min. 8 Max. 14

On Reg. Form: List Program, Date, Time and Session

STAFF: Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals. Each player will receive a basketball and a t-shirt.

The Basketball Buddies program is designed for boys and girls ages 4 - 7. Each child will to work with a "Buddy" (parent, grandparent, or guardian) under the direction of Coach Molloy. Basketball Buddies is a non-competitive environment that focuses on introducing age-appropriate fundamentals in a positive learning environment. Basketball Buddies will focus on teaching age-appropriate basketball skills.

Parents and Players enter through the back gym door.

TOT JAM (5 Week Class)

WHO: Co-ed, ages 2 - 3

WHEN: Thursdays, May 1 - 29, 5:00 - 6:00 p.m. (5 weeks)

WHERE: Recreation Center - 900 Ferry Street
Mini Field, by the office

FEE: \$70.00 p.p. Min. 8 - Max. 12

On Reg. Form List Program and Date

STAFF: Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! In this program kids will participate with a parent or guardian. Sports include t-ball, soccer, basketball, softee hockey, tag games, and kick ball. Basic skills and concepts will be taught, and the emphasis will be teaching kids the concept of playing a sport. Games and other activities sprinkled in include – finding the Nemo, Car Lot, You've Got Mail, Shark Attack, Thunder relays and more! This program is designed to be fun for both child and parent, and is an excellent bonding experience.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

LITTLE KICKERS SOCCER

WHO: Co-ed, ages 3 - 5

WHEN: Fridays, April 25 - May 30 (5weeks)
4:00 - 5:00 p.m. **No class 5/23**

WHERE: South River School
(meet at the lower field, by the playground)

FEE: \$75.00 per person, Min. 6 - Max. 20

On Reg. Form: List Program, Day and Time

STAFF: The Little Kickers program will be lead by PTUSA's fully qualified and experienced international staff, and will provide players with a fun and safe introduction to the game of soccer allowing players to build self-esteem while falling in love with the game.

Rain cancellation extends a week.

SPORTS JAM (5 Week Class)

WHO: Co-ed, ages 4 - 6

WHEN: Thursdays, May 1 - 29, 6:00 - 7:00 p.m.
(5 weeks)

WHERE: Recreation Center - 900 Ferry Street
Mini Field, by the building

FEE: \$70.00 p.p.
Min. 10 - Max. 20

On Reg Form List Program and Date

STAFF: Thundercat Staff will lead this program

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

Rain cancellation extends a week.

OPEN HOUSE

WHO: Families and children
(New born through Pre-K)

WHEN: Thursday, February 27
9:00 - 11:00 a.m.

WHERE: Recreation Center, 900 Ferry Street
Program Room

FEE: FREE

STAFF: Deb Worsh - Early Childhood Outreach
Coordinator, Marshfield Public Schools

Marshfield's Community Playgroup Open House. Come see our playgroup space, register for a playgroup, meet some new friends and make a Valentine for someone you love! Groups will be encouraged to explore our indoor and outdoor program space and take a walk on the Recreation Center trail to the top of Coast Guard Hill for a beautiful view of Humarock and the Atlantic Ocean!



COMMUNITY PLAYGROUP 12

Dad's & Granddad's

WHO: Co-ed, ages 0-5

WHEN: Friday 9:30 a.m.- 10:30 a.m.
Session 1 March 14 - April 11, (5 weeks)

WHERE: Recreation Department, 900 Ferry Street
Program Room

FEE: FREE , but you must **Sign Up with Deb**

Worsh* 781-834-5043

dworsh@mpsd.org

STAFF: Facilitated by Deb Worsh, Marshfield Public Schools Early Childhood Outreach Coordinator

The must talked about Dad's and Granddad's Playgroup . This playground will be a work in progress, one that will evolve as we go forward. Join us and be a Founding Father! We will provide the space, opportunity and equipment. (indoor and out) Perfect opportunity for those who are new to town or those who have a younger child and are looking to make new friends.

COMMUNITY PLAYGROUP

WHO: Toddler to Preschooler

WHEN: Wednesdays, March 5-26 (4 weeks)
9:00 - 10:00 a.m. 10:30 -11:30 or 1-2:30 p.m.
Choose one time.

May 7-28 (4 weeks)
9:00 - 10:00 a.m. 10:30 -11:30 or 1-2:30 p.m.
Choose one time.

WHERE: Recreation Center, 900 Ferry Street
Program Room

FEE: FREE* No cost, but you must register.

STAFF: Facilitated by Deb Worsh, Marshfield Public Schools Early Childhood Outreach Coordinator

This playgroup is for older toddlers as well as young preschoolers and their parents/ grandparents/ caregivers.

Bring a healthy, peanut-free snack along with a water bottle or juice box and a smile.



COMMUNITY PLAYGROUP

WHO: Toddler to Preschooler

WHEN: Thursdays, March 6-27 (4 weeks)
9:00 - 10:00 a.m. **Or** 10:30—11:30 a.m.
Choose one time.

May 8 - 29 (4 weeks)
9:00 - 10:00 a.m. **Or** 10:30 -11:30
Choose one time.

WHERE: Recreation Center, 900 Ferry Street
Program Room

FEE: FREE* No cost, but you must register.

STAFF: Facilitated by Deb Worsh, Marshfield Public Schools Early Childhood Outreach Coordinator

This playgroup is for older toddlers as well as young preschoolers and their parents/ grandparents/ caregivers.

All Playgroups are for children and their Moms/Dads/Caregivers and will be held in the preschool room at the Marshfield Recreation Center at Coast Guard Hill, 900 Ferry Street. Look for more play groups this spring and summer!! Let us know what you would like to see.

Sign Up with Deb Worsh

YOUTH and TEEN ACTIVITIES

KARATE KIDS

13

WHO: Co-ed, Grades K - 5

WHEN: Tuesday and Thursday 5:00 p.m. – 5:50 p. m.
Session 1 January 21 - January 30 (4 classes)
Session 2 April 1 - April 10 (4 classes)

WHERE: Whidden's School of Fitness
822 Webster Street
Marshfield, MA 02050

FEE: \$45.00 per person (uniform required, purchase at WSF for \$30.00)

On Reg. Form: List Program, Date, and Time

Classes will combine Yoga, basic self-protection, and cardio-Kung Fu conditioning in a fun and creative atmosphere. Advancement is possible with continued study. Please arrive 10 – 15 minutes early for the first class. Limit 15 per class.

INSTRUCTOR: Roger Whidden

For additional information, bio's and directions go to www.whiddenschool.com



GIRLS KARATE KIDS

WHO: Girls, Grades K - 8

WHEN: Saturday 9:00 - 9:50 a.m.
Session 1 January 25 - Feb 15 (4 classes)
Session 2 April 5 - April 26

WHERE: Whidden's School of Fitness, Inc. **On Reg. Form:** List Program, Date, and Time

FEE: \$45.00 per person (uniform required for safety, purchase at WSF for \$30.00)

INSTRUCTORS: Roger Whidden and Jocelyn Whidden

Classes will combine Yoga, basic self-protection, and cardio-Kung Fu conditioning in a fun and creative atmosphere. Advancement is possible with continued study. Please arrive 10 – 15 minutes early for the first class. Limit 15 per class.

SKATEBOARD SKATERS

WHO: Co-ed, ages 5 - 11

WHEN: April 21 - 24 (Mon - Thurs), 9:00 a.m. - 11:00 a.m.

WHERE: Uncle Bud Skate Park

FEE: \$80.00 p.p. Min. 8 - Max. 12

On Reg. Form: List Program and Dates



INSTRUCTORS: The Staff at Luminate Surf and Skate Shop

Enjoy part of your April School Vacation right here at the Uncle Bud Skate Park. The staff at Luminate Surf and Skate Shop will provide group lessons to Beginner and Intermediate skaters (let us know your ability) We'll plan to celebrate our last day with a cheese pizza party. **Required:** skateboard, helmet, healthy drink, peanut free snack. Elbow and knee pads are highly recommended. If rain cancels the program will be held on Friday.

HORSEBACK RIDING CLINIC

WHO: Family and Friends

WHEN: Saturday, May 3rd 2:00 p.m. - 3:30 p.m. (www.furnacebrookfarm.com)

WHERE: Furnace Brook Farm
253 Sandy Hill Drive, Marshfield

FEE: \$5.00 per family **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Ms. Erin Van Steenburgh is a Massachusetts Licensed Riding Instructor who holds two national titles.

Learn about riding styles and forms, types of horses, ponies, care, feeding, grooming, and expenses. Enjoy a riding demonstration and perhaps more! Minimum of 5 and maximum of 15 participants. Remember to bring your camera!!

TABLE TENNIS (ping pong)

WHO: Co-ed, ages 7 - 13

WHEN: Thursdays, March 6 - April 10 (5 weeks) 6:00 - 7:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$20.00 p. p. **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Ms. Jing Wan: a ranked player and previous Gold Medalist from the Bay State Summer Olympics Along with Aaron Wang, a long time recreation department participant and avid Table Tennis Player.

Table Tennis is one of the most popular sports in the world. Good for your health and for Fun! We will set up two tables (one for ages 7 - 9, and one for ages 10 - 13) This program is limited to 12 students. No experience is necessary. Bring a paddle if you have one, equipment will be provide if needed. Based on interest we will set up additional sessions.

SPRING GOLF

WHO: Co-ed, ages 7 - 15 **WHEN:** Wednesdays, May 21 - June 18, 6:30 - 7:30 p.m. (5 weeks)

WHEN: Wednesdays, May 21 - June 18, 6:30 - 7:30 p.m. (5 weeks) **FEE:** \$80.00 per person

WHERE: Coast Guard Hill, 900 Ferry Street Min. 8 Max. 12 **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Courtney Lee - is a PGA player and has been teaching since 2007. Courtney played four years of varsity golf at Notre Dame Academy in Hingham, (team Captain during her junior and senior years). Courtney was the Boston Globe player of the year her senior year and has been an assist coach at N.D.A. the past two years. She currently works at Sandbaggers and Waverly Oaks golf clubs.

Beginner and intermediate instruction offered each night. This five-week learn-to-golf program includes etiquette, equipment, putting, chipping, full swings, end of season tournament and more. Sneakers or golf shoes required, t-shirt or collar shirt, no tank tops. Bring your clubs, limited supply available.

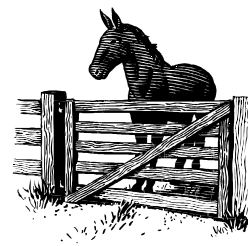
TENNIS

WHO: Co-ed, ages 7 -13 (players are grouped by age, 7 - 10, and 11 - 13) Time: 12:00 p.m. - 1:00 p.m.

WHEN: Winter Tennis Session 2: Sundays, February 9, 23, March 2 and 9 No class 2/16 (4 weeks)
Spring Session 1: Sundays, March 16, 23, 30, April 6 (4 weeks)
Spring Session 2: Sundays, April 13, 27, May 4, 11 (4 weeks) No Class 5/20

WHERE: The Kingsbury Club, 186 Summer Street, Kingston, MA **FEE:** \$90.00 p.p. Min. 2 Max 4

Get your child "in the game for life". Experience a life long sport with great teaching staff. A sure recipe for building skills, being successful and having lots of FUN! No racquet, no problem, the staff at Kingsbury Club will loan you one to use during class. Perfect for beginner or intermediate player.



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This program is held rain or shine.

OPEN HOUSE

Thursday, February 27, 6 - 7 p.m.

Meet the staff, play a game or two and bring your questions. A fun time for all!

Free! Sign up.



AFTER SCHOOL SPORTS

WHO: Co-ed, students in grades 3, 4, 5

WHEN: After School
 Winter Session: February 3 through April 4 (8 weeks)
 Spring Session: April 28 through May 23 (4 weeks)

WHERE: Elementary Schools
 No classes during February or April School Vacation



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FEE: Winter session: \$40.00 per student / Spring session: \$20.00 per student

On Reg. Form: List Program, School, Grade, Day and Code

Please Note: Winter Session - Eames Way School, February 24, and conclude the week of April 16 (8 weeks)
 **Martinson - Monday February 24 - April 14 (8 weeks)

NOTE: All registration forms must be returned to the Recreation Office with appropriate fee. DO NOT return forms to your teacher or school. Registration begins when you receive the brochure, walk or mail your registration to the Recreation Office DO NOT RETURN to the school.

The after school sports program is designed for students in grades 3 through 5. Large group activities will be planned, (kickball, soccer, capture the flag, scooter ball, etc.). Weather permitting, activities will take place outside, otherwise we will use the gym. Students should wear comfortable clothing and sneakers. **Students must be registered by 10:00 a.m. on the day the program begins in order to attend on their scheduled day.** If they are not registered by 10:00 a.m. they may not attend until the following week. Students may register for only one afternoon a week. Class is limited to a minimum of 14 and a maximum of 22 students per class. Parents must pick up their child/children promptly at the end of each session.

Parents must send a note to their child's principal informing him/her the child will be staying after school to participate in this program. Without a note, your child/children will not be allowed to remain after for this program. If permission is given for your son/daughter to walk home following the program, please indicate in your note. Send the note early, don't wait for the first day of the program.

If your son or daughter has asthma and requires his/her inhaler, please send a note to the school office granting permission to retrieve the inhaler from school nurses' office. Please state that the student knows how to use the inhaler and has permission to self-administer as needed. The Recreation Office will also require a copy of said letter.

SCHOOL	GRADE	DAY	TIME	WINTER CODE	SPRING CODE
Daniel Webster	3,4, & 5	Monday	3:00 - 4:15	DWS W Mon	DWS S Mon
Martinson					
	3,4 & 5	Monday	3:30 - 4:45	MES W Tues	MES S Tues
South River					
	3, 4, 5	Wednesday	3:30 - 4:45	SRS W Wed	SRS S Wed
Eames Way	3, 4, & 5	Monday	3:00 - 4:15	EWS W Mon	EW S Mon
	3,4 & 5	Wednesday	3:00 - 4:15	EWS W Wed	EW S Wed
Gov. Winslow	3, 4 & 5	Monday	3:00 - 4:15	GWS W Mon	GWS S Mon

KIDS FIT

A Before School Fitness Program

16

WHO: Co-ed, students in grades 2, 3, 4, 5

WHEN: Weekday mornings, (students attend two mornings a week)

Session 3 February 24 - March 28 (5 weeks)

Session 4 April 7 - May 16 (5 weeks) No class April School Vacation

WHERE: Elementary Schools

FEE: \$60.00 per student, (South River and Daniel Webster Schools) Min. 12 - Max 14 students per session.

**Martinson Fee is \$50.00 p.p. for two days a week. Sign up for 4 days a week the cost is \$90.00 for the 5 week session

*** Governor Winslow Fee is \$30.00 p.p. for one day a week for the session.

On registration form list Program, School, Session & Days

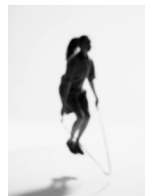
Are you up early and eager to get to school? Looking for a little fun and exercise to get in shape and be mentally prepared for the school day? Kids Fit might just be the program you have been looking for. With the assistance of school staff, students will have fun creating energy while they run, jump, throw, skip, push, stretch and climb. We'll get our hearts pumping, and through games and activities we will improve our balance, coordination, flexibility, power, agility and speed. Kids Fit has been an over whelming success at the South River. Governor Winslow and Martinson Elementary Schools, this winter we will expand Kids Fit to the Daniel Webster School. Two five (5) week sessions will be offered in this brochure. You may register for one or both sessions. Join your friends and have some fun before school. Students should wear comfortable clothing and sneakers. **Students must be registered before 12:00 p.m.** on the day before the program begins in order to attend on their scheduled days.

South River School - Students enter through the main entrance and head to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.

Martinson School - Students enter through the main entrance and go directly to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.

Daniel Webster School - Students enter through the main entrance and go directly to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.

Gov. Winslow School - Students enter through the main and walk to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.



South River	Days	Times
Session 3	W & TH	7:45-8:45 a.m.
Daniel Webster		
Session 3	M & W	7:15-8:15 a.m.
Session 4	M & W	7:15-8:15 a.m.

Kids Fit Staff:

South River - Ms. Kim Pollard and Ms. Deb Gauley

Gov. Winslow - Mr. Sean Jackson

Daniel Webster - Mr. Chris Patota

Martinson - Mr. Jeff Dunn and Mr. Rick Wheaton

Gov. Winslow	Days	Time
Session 3	Th	7:15 – 8:15 a.m.
Session 4	Th	7:15 – 8:15 a.m.
Martinson		
Session 3	M & W	8:00-8:45 a.m.
	T & F	8:00-8:45 a.m.
Session 4	M & W	8:00-8:45 a.m.
	T & F	8:00-8:45 a.m.

FEBRUARY VACATION WEEK FUN!

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LEGO ENGINEERING EVENT!

WHO: Boys and Girls, Grades 3 - 6

WHEN: Saturday, February 22, 2014
9:30 a.m. – 12:30 p.m.

WHERE: Recreation Child Care Center , 14 Library Plaza **FEE:** \$30.00 person Min. 8 - Max. 16

On Reg. Form: List Program, Date, and Time **INSTRUCTOR:** Staff from Play-Well TEKnologies

LEGO Engineering Workshop features Battletracks.

Create, Play, build and learn! Explore the possibilities of LEGO building systems while learning useful construction techniques. Younger children will have an introduction to motors, levers, and architectural design. Older children will work with motors, gears, rack gear systems, and eccentric motion to build mechanical projects. The LEGO stays with us, but the memories are yours forever! Children are encouraged to bring a camera to document their creations.

BOARD GAME DAY

WHO: Boys and Girls, ages 8 - 13

WHEN: Tuesday, February 18, 2014
9:30 a.m. – 12:30 p.m.



WHERE: Recreation Child Care Center , 14 Library Plaza **FEE:** \$12.00 person Min. 4 - Max.12

On Reg. Form: List Program, Date, and Time

INSTRUCTOR: Recreation Department staff



Bored? Go retro, get unplugged and get back to the basics. Join your friends at the Recreation Departments “Board Games and Fun”. Get out of the house and challenge your skills and luck with a variety of games which may include Sorry, Checkers, Chess, Yahtzee, Chess, Monopoly, Uno and more! Students may bring their favorite game if they like. BYO snack and drink. Please no peanut products!

MUSIC MARATHON

WHO: Boys and Girls, ages 11 - 15

WHEN: Wednesday, February 19, 2014
1:00 p.m. – 4:30 p.m.



WHERE: Recreation Child Care Center , 14 Library Plaza **FEE:** \$14.00 person Min. 4 - Max.12

On Reg. Form: List Program, Date, and Time

INSTRUCTOR: Recreation Department staff and volunteers

Looking to get plugged in? or perhaps go acoustic? We will provide the space for you to jam the afternoon away. A perfect time to get your friends together and practice for that next gig, talent show, or Coffee House! Bring your musical instrument (s) and share your knowledge with other musicians. Recreation staff will do our best to bring in a few volunteers who may be able to lend some musical guidance.



BYO snack and drink. Please no peanut products!

APRIL VACATION WEEK FUN!

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SKATEBOARD SKATERS

WHO: Co-ed, ages 5 - 11

WHEN: April 21 - 24 (Mon - Thurs), 9:00 a.m. - 11:00 a.m.

WHERE: Uncle Bud Skate Park

FEE: \$80.00 p.p. Min. 8 - Max. 12

On Reg. Form: List Program and Dates

INSTRUCTORS: The Staff at Luminate Surf and Skate Shop

Enjoy part of your April School Vacation right here at the Uncle Bud Skate Park. The staff at Luminate Surf and Skate Shop will provide group lessons to Beginner and Intermediate skaters (let us know your ability) We'll plan to celebrate our last day with a cheese pizza party. **Required:** skateboard, helmet, healthy drink, peanut free snack. Elbow and knee pads are highly recommended. If rain cancels the program will be held on Friday. Look for additional skate classes this summer!!

BOARD GAME DAY

WHO: Boys and Girls, Grades K - 5

WHEN: Tuesday, April 22, 2014
1:00 p.m. - 4:00 p.m.

WHERE: Recreation Child Care Center , 14 Library Plaza **FEE:** \$12.00 person Min. 4 - Max.12

On Reg. Form: List Program, Date, and Time

INSTRUCTOR: Recreation Department staff

Bored? Go retro, get unplugged and get back to the basics. Join your friends at the Recreation Departments "Board Games and Fun". Get out of the house and challenge your skills and luck with a variety of games which may include Sorry, Checkers, Chess, Yahtzee, Chess, Monopoly, Uno and more! Students may bring their favorite game if they like. BYO snack and drink. Please no peanut products!

SCIENCE GADGETS & CONTRAPTIONS

WHO: Boys and Girls, Grades K - 3

WHEN: Tuesday - Friday, April 22 - 25, 2014
9:00 a.m. - 12:00 p.m.

WHERE: Recreation Child Care Center , 14 Library Plaza **FEE:** \$128.00 person Min. 10 - Max.12

On Reg. Form: List Program, Date, and Time

INSTRUCTOR: Wicked Cool for Kids Staff

Explore energy, light and electricity as we make things that glow, refract and electrify! See around corners with your own periscope! Create glow in the dark slime and examine the mysterious properties of magnets. Keep time with your own sand clock, and construct a balloon mobile to race against your friends

VOLLEYBALL STARS

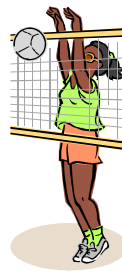
WHO: Girls, Grades 6 – 8

WHEN: Tuesday and Thursday, April 29 - May 22 (4 weeks)
2:20 - 3:45 p.m.

WHERE: Furnace Brook Middle School Gym

FEE: \$50.00 per person Max 26 players

On Reg. Form: List Program, Date, and Time



Please note t-shirt size on registration form:

Adult Small
Adult Medium
Adult Large

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Instructor: Mr. Al Mirabile, former MHS Girls Volleyball Coach and members of the MHS Volleyball team.

Enjoy a great team sport. The focus will be on building team and cooperative skills as well as basic volleyball skills. Group and individual instruction will be offered. A great opportunity for girls who are interested in playing at the high school level.

Wear t-shirts, shorts or sweats, and sneakers. Bring a bottle of water. Several matches with area towns will be organized.

BABYSITTING TRAINING FOR KIDS

WHO: Boys and Girls, Grades 6 - 8

WHEN: Mondays, March 3 - April 7 (6 weeks) 2:20 – 3:20 p.m. Min. 18 - Max. 20

WHERE: Furnace Brook Middle School, Room # 20
8th grade Art Room, across from the cafe



FEE: \$52.00 person, includes booklets, bottle of water and small snack **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Ms. Sue Clancy

The course will include basic first aid, safety precautions, age-appropriate activities, parental expectations, babysitting as a business, role playing, interviewing and more!

KARATE GALS

WHO: Girls, Grades 6 -12

WHEN: Tuesday & Thursdays, 7:30 - 8:15 (4 Classes)
Session 1 January 21 - January 30 Session 2 April 1 - April 10



WHERE: Whidden's School of Fitness 822 Webster St. Marshfield

FEE: \$45.00 person Min. 1 - Max. 10 per class, (class requires uniform, purchased at WSF for \$30.00)

On Reg. Form: List Program, Session, and Time

INSTRUCTOR: Master Roger and Staff

Students will work on cardio, building endurance and learn self protection moves. Arrive 10 min. early for first class to be fitted for a uniform. For details on location and staff Bio. www.whiddenschol.com

BOATING SAFETY

WHO: co-ed, ages 12 - adult **WHEN:** Saturday, May 17th 9:00 a.m. - 5:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza **FEE:** \$65.00 person Max. 10 per class

On Reg. Form: List Program, date and time

Introduction to Boating – Types of power boats; sailboats; outboards; paddle boats; houseboats; different uses of boats; various power boating engines; jet drives; family boating basics. Boating Law – Boat registration; boating regulation; hull identification number; required boat safety equipment; operating safely and reporting accidents; protecting the marine environment; Federal boat law; state boating laws; personal watercraft requirements. Boat Safety Equipment –Personal flotation devices ("life jackets"); fire extinguishers; sound-producing de-vices; visual-distress signals; dock lines and rope; first aid kit; anchors and anchor lines; other boating safety equipment. Safe Boating – Bow riding; alcohol and drug abuse; entering, loading, and trimming a boat; fueling portable and permanent tanks; steering with a tiller and a wheel; docking, undocking and mooring; knots; filing a float plan; checking equipment, fuel, weather and tides; using charts; choosing and using an anchor; safe PWC handling; general water safety. Navigation – The U.S. Aids to Navigation system; types of buoys and beacons; navigation rules (sometimes referred to as right-of-way rules); avoiding collisions; sound signals; PWC "tunnel vision." Boating Problems – Hypothermia; boating accidents and rescues; man overboard recovery; capsizing; running aground; river hazards; strainers; emergency radio calls; engine problems; equipment failures; carbon monoxide (CO); other boating and PWC problems. Successful completion of this course will enable boat operators between the ages of 12 & 15 years who wish to operate a motorboat and those who are 16 and 17 years of age who wish to operate a PWC to obtain their Massachusetts Boating Safety Certificate

EVENING SPORTS PROGRAMS

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SUMMER BASKETBALL

WHO: Students entering grades 3 - 6
September 2014 - 2015 school year.

WHEN: W - July 9 - August 6 (5 weeks)
Th - July 10 - August 7 (5 weeks)
Practice before game from 6:15 - 6:45 p.m.
Concludes by 7:30 p.m.

WHERE: Outdoor Courts at the H.S. (Furnace and Forest St.)
and Martinson School

FEE: \$30 per person with a maximum of \$65 per family.

Separate teams for boys and girls. Limited to 24 players per grade group! Rain out extends program another week



On Reg. Form: List Program, (Boys or Girls) Grade, and Coach

BOYS

Grade	Day
3-4	Wednesday
5-6	Thursday

GIRLS

Grade	Day
3-4	Wednesday
5-6	Thursday

BASKETBALL, GRADES 1 & 2

Co-ed Skills Clinic, July 8 - August 5, 6 - 7 p.m.

Students Entering Grades 1 & 2 September 2014 school year
Dribbling, passing, shooting and teamwork will be emphasized as well as inter-squad scrimmages. Meet at the Martinson Elementary School Basketball Court.

Grade	Day	Fee
1-2	Tuesday	\$30.00

Basketball
Coach



SUMMER STREET HOCKEY

WHO: Co-ed, students entering grades 1 - 4
September 2014 - 2015 school year.

WHEN: M - July 7 - August 4 (5 weeks)
T - July 8 - August 5 (5 weeks)

Rain cancellation extends one week.
Game time: 6:00 p.m.

WHERE: Street Hockey Rink

FEE: \$30 per person, \$65 maximum per family. Limited to 24 players per grade group! Sneaker League



On Reg. Form: List Program, Grade, and Coach

Grade	Day
1-2	Monday
3-4	Tuesday

All players need a stick, hockey helmet with a face cage/shield. NO HELMET, NO PLAY!

Don't be left out of the summer fun. Get your friends together and sign up. The last day to register for the basketball and street hockey programs (unless teams are already full) will be Friday, May 2.

Hockey
Coach

IMPORTANT DATES

Coaches Night

(Team Selection and Rules)
Recreation Office, 900 Ferry Street

Street Hockey, Thursday, May 1, 7:00 p. m.

Basketball, Thursday, May 8, 7:00 p.m.

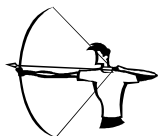
*These sports programs will continue as long as we have parent volunteers to coach.
Your support will allow these summer youth programs to continue!*

FEBRUARY VACATION ARCHERY and ROCK CLIMBING

WHO: Co-ed, Ages 8 to Adult

WHEN: Monday - Thursday, 2:30 - 4:00 p.m.
February 17 - 20

WHERE: The Archery Center, Corporate Park,
Suite 780
Pembroke, MA



FEE: \$109.00 per person
Min. 4 - Max. 8

On Reg. Form: List Program, Days and Time

Instructor: David McCarthy, USAA Certified Instructor

Enjoy part of your school vacation indoors with The Archery Center. Based on guidelines for USA Olympic Archery, students will learn to shoot in a small group with a certified coach. Introduction to Rock Climbing! Students will spend time on the indoor rock wall. Knots, belaying and more!

Students will spend approx. 45 minutes each day with the above activities. All equipment is provided.

SPRING ARCHERY

WHO: Co-ed, Ages 8 to Adult

WHEN: Mondays, 5:00 - 6:00 p.m.
April 28 - June 9 No class 5/26 (6 weeks)

WHERE: Recreation Center, Coast Guard Hill

FEE: \$109.00 per person
Min. 10

On Reg. Form: List Program, Days and Time

Instructor: David McCarthy, USAA Certified Instructor

This spring archery returns to Coast Guard Hill. Dave McCarthy, owner of The Archery Center will provide the instruction. Based on guidelines for USA Olympic Archery, students will learn to shoot in a small group. Perfect for students who are new or experienced.

All equipment will be provided. In case of rain the class will be extended.

FLAG FOOTBALL 21

WHO: Co-ed, grades 1 - 4, (2014-15 school year)

WHEN: Monday, 6:00 - 7:00 p.m.
Grades 3 & 4 July 7 - August 4

Wednesday, 6:00 - 7:00 p.m.
Grades 1 & 2 July 9 - August 6

(5 weeks) If rain out, extend a week.

WHERE: Coast Guard Hill, 900 Ferry Street

FEE: \$30.00 per person, 24 players per grade group

On Reg. Form: List Program, Grade, Day and Coach

Enjoy Flag Football at Coast Guard Hill. We will play on a 50-yard field with coaches assisting. Cones, balls, t-shirts and pinneys will be supplied. Players should bring water and a healthy, peanut-free snack.

Coaches Meeting - In order to offer this program, we will need volunteer coaches (minimum of two per team). Please consider signing up to be a Coach and join us at the recreation office for our Coaches meeting, Thursday, May 15. The meeting will start at 7:00 p.m. During this time we will review the rules for summer play and select teams, and discuss equipment distribution

FENCING

WHO: Co-ed, age 9 and older

WHEN: Mondays, February 3 - March 24 (7 weeks)
New students 5:00 p.m. - 6:00 p.m.
Previous Experience 6:10 - 7:10 p.m.

WHERE: Daniel Webster School, 1456 Ocean Street
Enter using the gym entrance

FEE: \$85.00 per person Min. 6 - Max. 10

On Reg. Form: List Program and time

STAFF: Jim Mullarkey

3MB stands for Three (3) Mullarkey Brothers, Jack, Ed, and Jim, who began fencing in 1763 in Peabody, MA. Over the years, they have won many events, including the New England Interscholastic Championships, New England Championship, North Atlantic Sectional Championships, and the USA National Championships. Join the sport of intelligence and skill. Build self-confidence, coordination and mental aspect of 1 on 1. Fun and safe. All equipment provided. Wear sneakers, t-shirt and long pants or sweat-pants, no shorts.

TRIPLE THREAT BASKETBALL CLINIC

WHO: Co-ed, Grades 2 – 4

WHEN: Tuesdays, 4:50 p.m. - 5:50 p.m.
Session 1 January 14 - February 11 (5 weeks)
Session 2 February 25 - March 25 (5 weeks)

WHERE: Governor Winslow School gym
Please enter through the back gym door.

FEE: \$65.00 p.p. Min. 8 Max. 12

On Reg. Form: List Program, Date, Time and Session

STAFF: Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.
Each player will receive a basketball and a t-shirt.

The Triple Threat Basketball Clinic will focus on teaching age-appropriate basketball skills. The program is designed for youth basketball players who might be interested in developing additional skills during the week. Players of all skill levels can benefit from the instruction.

Parents and Players enter through the back gym door.

HULA HOOP CLINIC

WHO: Co-ed, ages 7 - 15

WHEN: Mondays: ages 7 - 11, 6:00 - 7:00 p.m.
ages 12 - 15, 7:10 - 8:10 p.m.

Session 1 February 10 - March 24 (6 weeks)
Session 2 March 31 - May 12 (6 weeks)
(No class during school vacation weeks)

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$36.00 p.p. Min. 6 Max. 12

On Reg. Form: List Program, Date, Time and Session

STAFF: Tiffany Hawco - MHS graduate and long time student of Hula Hooping. Tiffany has attended several Hula Hoop workshops, she makes her own hula hoops and is often found hooping at the local beaches.

The hooping class will introduce and educate children as a method of fun and exercise with hula hoops. This is done through a series of work outs, dances, and games. Hula hooping is great for eye-hand coordination, and spatial awareness. If all people hula hoop we can be healthier and happier. So join us and let's start hooping.

SUPER SNACKS AND MORE! 22

WHO: Co-ed, Grades 6 - 8

WHEN: Wednesdays, 2:20 - 3:45 p.m.
February 26 - March 26 (5 weeks)

WHERE: Furnace Brook Middle School Kitchen

FEE: \$50.00 p.p. Min. 8 Max. 10

On Reg. Form: List Program, Date, Time and Session

STAFF: Ms. Karen Davis, Cafeteria Manager

New this winter, a long awaited cooking class for middle school students. Under the direction of Ms. Karen Davis, students will learn how to prepare a variety of healthy snacks which may include: pizza, smoothies, pretzels, fruit salad, oatmeal chocolate chip cookies, vegetable calzone and grab and go snacks.

Students will learn about nutrition, food preparation, safe serve practices, storage and clean up. This is a hands-on class, students will prepare, mix, cook, and enjoy their weekly creations. Students will leave the class with a menu of their creations, time management and a better understanding of how a kitchen functions.

APRIL SCHOOL VACATION WEEK

Recreation Staff are busy working on activities for April School Vacation. Activities at this time may include: Fencing, Archery, Indoor Rock Climbing, Game Day, Music and more!

Stay tuned and check back to this page for updates. If you have a suggestion for an activity let us know and we'll see if we can make it happen.



R.A.M.S.

Recreational Access for all Marshfield Students

23

The R.A.M.S. program is a structured after-school enrichment program specifically designed for students with disabilities and their peers. The R.A.M.S. program focus is on the development of social pragmatic skills, independence, creativity and gross and fine motor development. The goal is to create fun and engaging opportunities that will foster friendships in an inclusive environment.

For R.A.M.S. - sponsored recreation programs, if **your child needs access to medications**, please be aware that there is no nurse on-site. Parents are responsible for assuring the appropriate information is provided to the instructors. Instructors cannot dispense medication. If there is an emergency, 911 will be called. Parents seeking further accommodations that are necessary to allow their child to access a R.A.M.S. program or activity should contact the Marshfield Recreation Department at 781-834-5543. Let us know what you would like to see addressed in terms of social goals, independence, or a class related skill. Thank you for your assistance.

Peer Program Volunteers - A limited number of volunteer opportunities are available for each program. Interested? Call our office for detailed information. A program orientation for all P.P.V. staff will be held prior to the start of the programs. Details to follow. If a P.P.V., please check the box on page 33.

COOL COOKING

WHO: Co-ed, grades 5 -12

WHEN: Mondays, 4:00 - 5:30 p.m.
March 3 - March 31 (5 weeks)

WHERE: Recreation Center, 900 Ferry Street

FEE: \$30.00 per family Min. 3 - Max. 8

On Reg. Form: List Program, Days and Time

Instructor: Emmy Casagrande

During this 5 week program students will learn basic nutrition, label reading, and how prepare healthy meals and snacks. Students will gain the confidence to prepare healthy meals / snacks. A delicious way to spend your Monday afternoons.

EXPRESSIVE ARTS

WHO: Co-ed, grades K - 2

WHEN: Mondays, 5:00 - 6:00 p.m.
February 24 - March 31 (6 weeks)

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$30.00 per family Min. 3 - Max. 9

On Reg. Form: List Program, Days and Time

Instructor: Ms. Susan Domey-Allen Head Start Teacher

An enrichment program for students who could use extra attention with social thinking in school, sports and on the playground. The program will highlight individual strengths, learn whole body listening skills, exchanging communication with peers and staff while having fun. Activities are natural science based with a focus on recycling and "being green".

LET'S 'GET MOVIN'

WHO: Co-ed, Pre K - Grade 12

WHEN: Tuesdays, 5:00 - 6:00 p.m.
January 14 - February 11 (5 weeks)

WHERE: Boy's and Girl's Club Gym
Enter via front door

FEE: \$30.00 per family Min. 5 - Max. 18

On Reg. Form: List Program, Days and Time

Instructor: Recreation Staff and Friends

During this 5 week program students will develop gross motor skills through games and team play. A variety of sports will be introduced through basic games, activities and drills. Participants will have fun exercising while improving coordination, skills and building friendships.

We would like to extend our sincere thanks to the Edwin Phillips Foundation for their financial support. Funding from grant approval has allowed us to offer these programs to the community at a reduced rate.

We wish to thank the Marshfield SEPAC (Special Education Parent Advisory Council) and Marshfield Public Schools for their input, guidance and suggestions. We look forward to partnering with Marshfield SEPAC and The Marshfield Public Schools as we strive to develop additional programs for the spring and summer.

Adults - If you have a special skill or talent which you wish to share with the community give us a call.

Programs will fill quickly, if you have a program suggestion please let us know. Call the Recreation Department, 781.834.5543, or e-mail nbangs@townofmarshfield.org

ADULT ACTIVITIES

24

HULA HOOP PARTY

WHO: Co-ed, High School grades and older

WHEN: Wednesday February 5, 2014
7:00 p.m. - 8:15 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$20.00 per person Min. 4 - Max. 8

On Reg. Form: List Program, Day and Time

Instructor: Tiffany Hawco

Looking for a great workout and the opportunity to make your very own hula hoop? You found the right place. Welcome to our adult Hula Hoop Party. Under the direction of Miss Tiffany Hoops you will create your custom hula hoop and then use it. The Hula Hoop Party will feature music, laughs and the basics of hooping dance. Get your friends together, enjoy a few laughs and remember those fun times when you would hula hoop all afternoon. Wear sneakers and loose fitting clothes. No prior experience required. If interest warrants we will offer a weekly adult hula hoop class.

TABLE TENNIS

(Ping Pong)

WHO: Co-ed, High School grads and older

WHEN: Wednesdays, 7:00 - 8:30 p.m.
March 5 - April 9, 2014 (6 weeks)

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$18.00 p.p. Min. 4 - Max. 10

On Reg. Form: List Program, Date and Time

Instructor: Ned Bangs and Friends

You have asked for it and here it is, Adult Table Tennis. Relive your child hood memories, or learn a new lifetime leisure and low impact sport. Get your friends together or come alone. We will provide the tables and paddles and some good clean fun.

Table tennis (ping-pong) is one of the most popular sports in the world. Junior table tennis in united states is on the rise. Table tennis is good for your health - it's great for getting up a sweat and getting the heart rate up. Have fun.



HOW TO READ A NAUTICAL CHART

WHO: Co-ed, age 12 and older

WHEN: Saturday, May 17th
9:00 a.m. - 12:00 p.m.

WHERE: Recreation Child Care Center
14 Library Plaza

FEE: \$60.00 per person Min. 5 - Max. 10

On Reg. Form: List Program, Date and Time

Instructor: Richard Eckhouse, US Coast Guard Aux.

A three hour seminar course unraveling the mystery of nautical charts. When navigating on land you use a map. It depicts the various thoroughfares, their directions and names. At sea there are no streets, no separate area, no difference from abutting or surrounding areas. This class will provide you with the knowledge to interpret the chart's contents to navigate safely to your destination. Text and training chart included. Other available information on nautical charts includes, but is not limited to, water depth, bottom type, magnetic variations affecting the compass, chart scales, and aide to navigation. A must for all boaters and potential boaters.

Bring your questions, a pencil w/ eraser, some paper for taking notes and a GPS if you already own one.

TAIJI

WHO: Co-ed, High School grades and older

WHEN: Saturdays, 9:50 a.m. - 10:50 a.m. 4 weeks)
Session 1 January 25 - February 15
Session 2 April 5 - April 26

WHERE: Whidden School of Fitness
822 Webster St.
Marshfield, MA 02050

FEE: \$45.00 per person Min. 4 - Max. 8

On Reg. Form: List Program, Date and Time

Instructor: Master Roger and Staff

A class of movement and mediation. Wear loose fitting clothes and bring a mat if you have one.

www.whiddenschool.com
For details on location and staff bio.



BADMINTON

WHO: Adults, (High School and older)

WHEN: Mondays, March 10 - May 19, 7:00 - 9:00 p.m. (9 weeks)

WHERE: Marshfield High School Gym (side gym, badminton court) **FEE:** \$18.00 per person

On Reg. Form: List Program, Date, Time and Session

INSTRUCTOR: Ned Bangs and Company

No class: 4/21, 4/28

Will notify of other possible cancellations

The badminton program will focus on increasing fitness levels and endurance of participants in a fun and energized environment. Focus will be on introducing badminton techniques and strategy while developing basic strokes and footwork, game play and having fun! This program is limited to 12 adults



25

OLD UGLY MEN (et al) YOGA

WHO: Adults, (H.S and older)

WHEN: Tuesday and Thursday, 6:30 - 7:30 p.m.

Session 1 January 21 - January 30 (4 classes) Session 2 April 1 - April 10 (4 classes)

WHERE: Whidden's School of Fitness, 822 Webster Street, Marshfield

FEE: \$45.00 per person Min. 4 - Max. 8 **On Reg. Form List:** Old Ugly Men Yoga



INSTRUCTOR: Master Roger and staff

Slow low impact movement meditation for health, relaxation and raising the spirit. Features core strength, stretch and coordination. www.whiddenschool.com for details on location and staff bio.

BEAWELL YOGA!

WHO: Adults (HS grad and older)

WHEN: Tuesdays, 6:30 - 7:30 p.m.

Session 1 March 25 - April 15

Session 2 April 29 - May 20

WHERE: Marshfield Recreation Child Care Center, 14Library Plaza Min. 4 Max. 8 students

FEE: \$45.00 per person, per 4 week session **On Reg. Form:** List Program, Date, and Time

Treat yourself to wellness with Beawell Yoga! Stretching and relaxing restorative postures rejuvenate your mind body and spirit in a balances beneficial routine. Helpful for common problems, headache, backache, neck and shoulder pain etc. Self acupressure points combined with gentle yoga stretches for relief and renewal. Fun, easy to follow for everybody. All levels and abilities. **INSTRUCTOR:** Bea Whalin



FITNESS FUN!

WHO: Adults (HS grad and older)

WHEN: Saturdays, 7:30 a.m. - 8:30 a.m. Session 1 February 1 - March 1 Session 2 March 8 - April 5 (5 weeks)

WHERE: Marshfield Recreation Child Care Center, 14Library Plaza **FEE:** \$45.00 per person, per session
Min. 4 Max. 8 students. **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Jon Harnden, ISSA Certified Fitness Trainer, and a Fitness Trainer at area fitness centers

Start the new year on the fitness track. Small group classes offer personal instruction at group prices. Classes are designed to get the most out of each individual through positive reinforcement and fun. Work on your new year goals and bring your friends. A variety of exercise will be conducted to help you with your personal goals. Bring your positive attitude, bottle of water and yoga mat. Come dressed in your favorite workout clothes.

CPR AND FIRST AID

WHO: Ages 12 and older

WHEN: Monday and Wednesday, January 27 and 29th, 6:30 p. m. - 9:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$55.00 per person, (both classes) \$40.00 per person for one class



26

On Reg Form: List Program, Date, and Time

Learn cardiopulmonary resuscitation and basic first aid skills. Ideal training for students, parents, coaches and community members. A perfect class for students who have taken or will take the Recreation Department middle school Baby Sitting Training for Kids class. CPR is Monday night. First Aid is Wednesday night.

ADULT CO-ED VOLLEYBALL (recreation play)

WHO: Adults, (High School Graduates and older)

WHEN: Thursday nights 8:00 - 9:30 p.m.
January 30 - June 5, 2014 (17 weeks)

No Class: February 20 and April 24,
or any school cancellations. Will notify
of other possible conflicts

WHERE: Martinson Elementary School

FEE: \$30.00 per person



On Reg. Form: List Program, Date, and Time

INSTRUCTORS: John Cullen & Ned Bangs

Recreational play. Ideal for those who have played previously. Instruction offered as needed. Basic rules are followed. Come dressed and ready to play. Maximum 24 adults. **7:00 p.m. - 9:30 p.m. Starting Thursday, March 27**

MEN'S BASKETBALL

WHO: Adults, (age 30 and older)

WHEN: Mondays, January 27 - June 2, 2014
8:00 p.m. - 10:00 p.m. (16 weeks)
No class 2/17, 4/21, 5/26 or any school cancellations
Staff will notify of any other cancellations



WHERE: Martinson Elementary School, 275 Forest Street

FEE: \$32.00 pp. Min 10 - Max 18

INSTRUCTOR: Mr. Michael Fay

On Reg. Form: List Program, Day and Time

Monday night basketball returns. Pick up games will be offered each week. This will be a good time to get together with friends for a few fun games of round ball. This is recreational play and not geared to the serious gym rat. We will supply the balls and pinneys. Fair and Fun play. Good sportsmanship is expected from all players.

MEN'S BASKETBALL

WHO: Men, (age 30 and older) **FEE:** \$36.00 pp. Min 10 - Max 16

WHEN: Wednesday, January 22 – June 4
7:00 p.m. - 8:30 p.m. (18 weeks) days.

No Class: 2/19, 4/23, or any school
cancellations. Staff will notify of any
other cancellations.

WHERE: Daniel Webster School, 1456 Ocean Street

INSTRUCTOR: Mr. Michael Fay

On Reg. Form: List Program, Day, Time

Adult Recreation Basketball returns this winter. Pick up games will be offered each week. This will be a good time to get together with friends for a few fun games of round ball. This is recreational play and not geared to the serious gym rat. We will supply the balls and pinneys.

COMMUNITY GREEN HOUSE

WHO: Adults / Families

WHEN: Seasonally

WHERE: Recreation Center, 900 Ferry Street

FEE: FREE!

On Reg. Form: List Community Green House

STAFF: Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Hoop Hut Green House. This 12x15 foot building is ready for volunteer use. Extend your growing season with our Community Green House. This spring we will look to establish an informal Gardening Club. We will plan to meet with interested users on Thursday, April 10, 7:00 p.m. at the Recreation Center. Make new friends, enjoy a new hobby, and enjoy the fruits of your labor!

Time to Eat Healthy, know where your food and flowers come from.



LET'S GO!!

WHO: Adults / Families (children with adult, age 6 and older)

WHEN: Saturdays, April 12, and May 10, 8:00 a.m. - 10:00 a.m.

WHERE: Meet at Recreation Center, 900 Ferry Street Min. 6 Max. 10

FEE: \$5.00 (per family, couple or single)

On Reg. Form: List Program, and Date

STAFF: Ned Bangs, Marshfield Recreation Director and others

Explore Marshfield on Foot! New to town? Long time resident? Looking for friends to walk with? Here is your opportunity to explore some of Marshfield's conservation gems. On select Saturdays, we'll hike town conservation and quasi public conservation land. We'll meet at the recreation center, 900 Ferry Street, review the planned hike and driving directions, fill up water bottles and head out. Learn about history, land use, plant ID and share your knowledge with others. Bring a camera, peanut free snack, water and binoculars. Dress for the weather, sturdy shoes and a walking stick are fine. Hikes will last up to two hours. If you would like to help plan and lead a walk call the office. Healthy Habits! We love dogs, but for the comfort of all leave them at home. Participants should be in good health and able to walk on uneven ground for up to 1.5 hours. We'll leave the electronic devices at home, turn off the cell phone and listen to the sounds of nature! Send us your walking suggestions, as we explore Marshfield on foot!



COMMUNITY GARDEN-

27

WHO: Adults / Families

WHEN: April 20 - November 09, 2014

WHERE: Recreation Center, 900 Ferry Street

FEE: \$20.00 per plot (1 plot p. p. / group)

On Reg. Form: List Community Garden

STAFF: Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Organic Community Garden. The Community Garden consists of 14 raised beds of varying sizes, (approx. 8 x 4 feet) In fairness to all, each Individual, Family / Youth Group / Local organization is limited to one plot. A planning meeting for the gardeners will be held on Thursday, April 10, 7:00 p.m. at the Recreation Center. A review of rules, signoff sheet, drawing for the right to select a plot, questions and more! Save gas, make new friends, get some good exercise, increase your knowledge, and grow locally! Time to Eat Healthy, know where your food and flowers come from.



Take only Photos, Leave only Foot prints
Make only Shadows, Remove only Litter*



UPCOMING ACTIVITIES

28

Look for more details in local newspapers and on our website: [google Marshfield Recreation](#)

- EASTER EGG HUNT:** **Save the date! Saturday, April 19, 10:00 a.m.**
The Easter Bunny will welcome Marshfield children through age 5, rain, snow or shine at Coast Guard Hill. Park in the dirt lot off Ferry Street or in the lot by our office. Volunteers are needed for this program. This annual event is sponsored by Seaside Homes of Marshfield.
- SANDCASTLE / SCULPTURE CONTEST:** **Save the date! Saturday, August 2.** Enjoy this annual family event at Rexhame Beach sponsored by Brian Molisse and The Molisse Realty Group.
- EXTENDED DAY PROGRAM:** Pre-register for school year 2014-2015. Details will be listed in the Summer Brochure. **Call for current openings!**
- SUMMER BROCHURE:** Look for the summer community brochure. We plan to have the brochure on the web the week of April 1st.
- BIRTHDAYS / CELEBRATIONS:** Looking for a program room for special event? The Recreation Departments Child Care Center may be just the place. Details will be available in our Summer Community Brochure.



SPORTS ORGANIZATIONS



Please Clip and Save!!

The following volunteer-run organizations provide sports programs for Marshfield residents. **These youth organizations are not under the jurisdiction of the Recreation Department.** The Recreation Department does not assign practice times to individual teams. The department will issue a permit to the league which in turn assigns fields and practice times. For further information please contact the sports organization of choice.

Baseball & T-Ball	www.marshfielddyouthbaseball.com
Basketball, (Winter)	www.marshfielddyouthbasketball.com
Cheerleading	www.leaguelineup.com
Football	www.eteamz.com/marshfielddyouthfootball
Furnace Brook Farm	www.furnacebrookfarm.com
Karate	www.whiddenschool.com
KLS Taekwondo	www.klstaekwondo.com
Lacrosse, Boys	www.marshfielddlax.com
Lacrosse, Girls	Call Dan Collins at 781-837-0926
Soccer, (Youth Co-ed)	www.marshfielddsoccer.com
Soccer, (Hot Shots, Girls)	www.hotshotsoccer.org
Softball	www.marshfielddgirlssoftball.net
Tennis, (Kingsbury Club)	www.kingsburyclub.com

MARSHFIELD RECREATION DEPARTMENT

900 Ferry Street, Marshfield, MA 02050

781-834-5543

E-mail: Recreation @townofmarshfield.org

Received by: _____

Date received: _____

Cash: _____

Check # _____

Amount: _____

Winter / Spring 2014 Registration Form

Credit Card, Debit Card, Electronic Check, On-Line, Mail In or In Person.

Program registration will begin when you pick up a brochure, hard copy or on the web.

Payment is expected when you register

- Please Print Clearly -

Complete All Applicable Sections

Make Checks Payable to Town of Marshfield

Family Last Name: _____

Contact E-mail: _____

Help us get it right, please print

Address: _____

Include mailing if different

Town

Zip Code

When emergency situations arise, or if staff need to contact you due to program changes, please complete the following: Indicate by number () the order of preference for contacting the people you list.

Mother's Name _____

(or adult female participant)

Father's Name: _____

(or adult male participant)

Address: _____

Address: _____

(if different from above)

(if different from above)

Home Phone: _____ ()

Home Phone: _____ ()

Work Phone: _____ ()

Work Phone: _____ ()

Cell Phone: _____ ()

Cell Phone: _____ ()

Insurance Company/policy # _____

Recreational and Volunteer Activities Release

I, the undersigned, do hereby consent to my participation in voluntary or recreation programs of the Town of Marshfield.

I also agree to forever release the Town of Marshfield, and all their employees, agents, board members, volunteers, and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the Town of Marshfield from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the Town of Marshfield voluntary activities or recreation programs.

I also promise to indemnify, defend, and hold harmless the Town of Marshfield against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the Town of Marshfield voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this form, I affirm that I have decided to participate in the Town/City as a volunteer or in its recreation program with full knowledge that the Town of Marshfield will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities Town/City or recreation programs.

Participant Signature: _____ Date: _____

Parent/Guardian Signature if participant is under 18 years of age: _____

Participant Name: _____ M F Grade: _____

D.O.B. _____ Age: _____ Home Phone: _____

Medication or other information staff should be aware of: _____

Age 5 or under? A copy of your Birth Certificate / Physical is required New ☐ on File ☐

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

Participant Name: _____ M F Grade: _____

D.O.B. _____ Age: _____ Home Phone: _____

Medication or other information staff should be aware of: _____

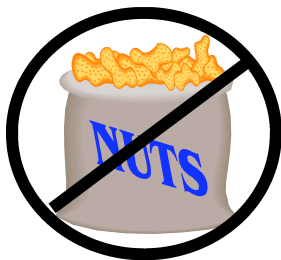
Age 5 or under? A copy of your Birth Certificate / Physical is required New ☐ on File ☐

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

SNACKS

Due to the large increase of student allergies **ALL** program sites are **PEANUT FREE.**

Upon request we will e-mail you a list of peanut-free and healthy snack choices. Please call if you have any questions or if we may assist you.



“Helping Hand” assists those families who are not able to afford youth programs. If you would like to contribute to this program please do so here.

Total Amount Due _____

Helping Hand Fund _____

- Thank you! -

Total Amount Enclosed _____



If you wish to be a Peer Program Volunteer please check this box.

☐

We will email you a Volunteer Application and CORI

Marshfield Recreation recommends hats, sunglasses, Sunscreen / Sunblock and or bug spray for all outside activities. Please apply Sunscreen / Sunblock or bug spray outside and prior to the activity. Bug spray must be applied outside of any building and away from other individuals. Staff may not apply Sun screen / Sunblock, or bug spray to children. Due to allergies, Sunscreen / Sunblock or bug spray may not be shared with other children.

YOUR FEEDBACK IS IMPORTANT TO US!

Have a question, comment, something we should know, would like to volunteer, or have a program suggestion? Please take the time to let us know how we can better assist you with your leisure needs.

How do you find out about our programs? (Please Check) Brochure ☐ Newspaper ☐ Friend ☐ School Notice ☐ Web Page ☐
Rec. Dept. E-mail notice ☐ Other _____

Would you recommend a program to a friend? _____ Why? _____

What types of programs would you like to see more of? Pre-School ☐ Children ☐ Youth ☐ Teen ☐ Adult ☐ Suggestions!

PETER IGO PARK:

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This spring will see continued improvements to the Peter Igo Park. Improvements will include new basketball and tennis courts, including several Ten and under courts. Thank you for your patience as the town and contractors continue with facility renovations. This winter ice skating rink will be located at the Marshfield Town Pier.

OUTDOOR BASKETBALL COURTS:

This spring work will continue at the outdoor basketball courts located at Furnace and Forest Streets. Improvements will include grading the surface, installing new asphalt, basketball backboards, seal coating and stripping the surface. Look for the creation of a small seating area as well. The target date for completion is Memorial Day.

BALLFIELD PERMITS:

The Recreation Department will be accepting ballfield permit applications starting Thursday, January 23. Please call our office, or view our web page for details. Ballfield requests for spring and summer use will be accepted January 23 through February 14, 2014.

SUMMER CONCERT AND ENTERTAINMENT SERIES:

Attention Artists! If you or your group would like to be considered for the Summer 2014 showcase series please submit an "Entertainment Application" to our office, Attention, "Summer Showcase Series" by Friday, February 14.

The summer series is funded through fundraisers and donations from local organizations and residents. If you would like to contribute to this family series, or if your business or organization would like to co-sponsor a particular night please contact our office at (781) 834-5543.

JOBS! JOBS! JOBS!

Applications for summer employment, paid and volunteer positions, will be accepted March 5– 24. Applications are available on the town web site. (See Payroll and Benefits Department) The minimum age for paid staff is 16. A limited number of volunteer positions are also available. The minimum age is 13. Please call for specific information.

WISH LIST: *Let us help you clean out your closet, attic, cellar or garage!!*

The Recreation Department continues to look for additional equipment, supplies and expendables to enhance our community programs. Tennis balls, Nerf and playground balls, chess and or checker games, pencils, markers, plastic tablecloths, poster paper, rulers, scissors, gym, crayons, glue and craft materials are some of the items that we can always use. A battery operated wall clock, and Table Tennis Table (ping pong) are among the items we can use.

If you or your children have outgrown any of the above, and the items are in good condition, give us a call. **Please do not leave items outside the Recreation Office at 900 Ferry Street or at the Recreation Child Care Center, located at 14 Library Plaza.**

SUMMER PROGRAM REGISTRATION:

Summer Program registration will start Saturday, April 5. Walk In 3-5 p.m.. at the Recreation Center, Online starts at 7:00 p.m.

SUMMERFEST 2014:

The Chamber of Commerce and Friends are gearing up for the Sunday, June 22nd kick off to the summer season. Help us welcome and celebrate the summer season! The day will include a parade, music, games, crafts and more! New this year, the Recreation Department and Friends of the Uncle Bud Skate Park will sponsor beginner skateboard lessons and a few more fun things to do at the Uncle Bud Skate Park followed by an end of the day concert. Join us for a day of family fun. If you would like to help out with this event or if you are looking for additional information please call the rec. dept. 781.834.5543.

As always, we thank you for your continued support.

PROGRAM NOTES:

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PROGRAM IDEAS:

Have a favorite trip or program? Let us know and we will explore avenues to offer the program / trip. Write them down and email, mail or drop off your list.

Marshfield Recreation Department
at
Coast Guard Hill
900 Ferry Street
Marshfield, MA 02050
www.townofmarshfield.org

